



ELGIN
MUSEUM

Time Capsule

Use this booklet to record what your life was like during the 2020 lockdown due to Covid-19



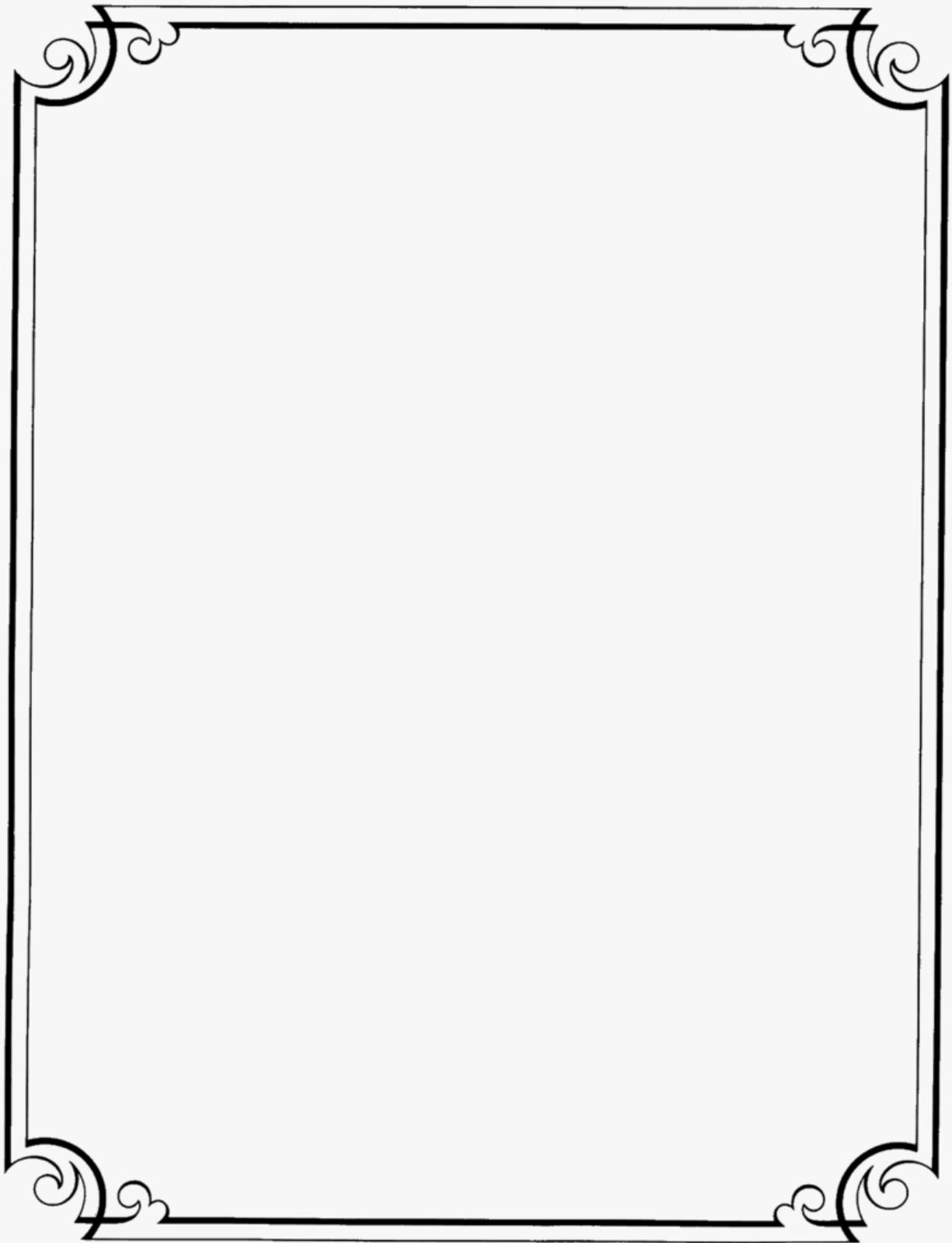
My Name:

Age:

Address:

Today's Date:

Time Capsule to be opened in the Year:



Who is in my household?

We have been told to stay home and only see members of our household.

Draw a picture or take a photo with everyone from your household above – don't forget any furry, feathered or finned friends!

What is a typical day like for you during lockdown?



What time do you get up?

What do you have for breakfast?

What do you do in the morning?

What's for lunch?

What do you normally have at school?



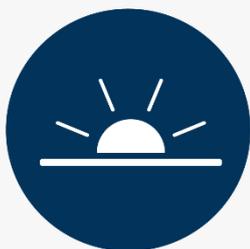
What do you get up to in the afternoons?

When is dinner?

Who does the cooking?

What is your favourite dinner?

Have you tried anything new meals during lockdown?



What happens in the evening?

When is bedtime?

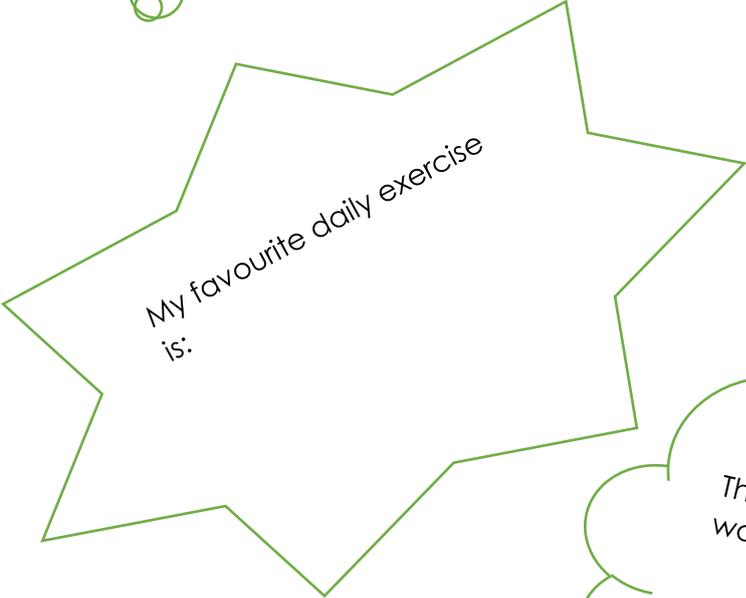
Is this the same as usual?



My favourite thing about being home more is:



The people that I can't wait to visit/hug when lockdown lifts:



My favourite daily exercise is:



The best film I've watched/book I've read is:



Something surprising I have learned:



I'm looking forward to:

Interview

Choose someone to interview then write down their answers here.

Name:

Age:

How are you feeling?	How many days have you been at home?
How is homeschooling going?	What has been the biggest change so far?
What has been the biggest change so far?	What are you excited to do once this is over?
What are you grateful for?	Will you do anything differently once this is over?

Other things you might want to include in your time capsule:

- Government letters and leaflets
- A rainbow picture or thank you poster if you have had some in your window
- A receipt from your 'big shop' – does it look very different to your usual shopping?
- We've had a few little thank you notes from companies that we've ordered from online, so they have gone in too
- What about an empty hand-sanitiser bottle or toilet roll? Be sure to add a note explaining why they are significant!