

Activity M2 (History)

Safe at Home Time Capsule

Suitable for ages 5 plus with some adult help.



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In this activity, we will be creating a time capsule to record how we are living differently during these unusual times. At the Museum, our most special objects are not jewels and treasures but the objects and documents that tell us how everyday life was lived. Think how interesting your memories of life during lockdown will be to people in 20, 50 or even 100 years' time!

Follow the instructions below to make your own, you can print off our templates or be as creative as you want!



1. First, you will need a box to put all your memories and objects in. We have used a snack tube as it's not too big, can fit plenty in and will be easy to store (and it's a good excuse to eat some crisps...!)
2. Decorate the outside of your tube or box, you can paint it, add stickers, wrapping paper it or use our template. The main thing is to record the YEAR (2020), your name (or family/household name) and what year you would like it to be reopened.
3. Next, what are you going to put inside? We have filled out the booklet with photographs and pictures of us, surprising things we have learned, the films we have watched and books we have read, our favourite daily exercise, new places we have discovered close to home as well as what we miss and look forward to being able to do again most.
4. What other things can you add? Well, we've put in the letter from the Prime Minister and from the First Minister; receipts from our weekly shop (it's a lot bigger than it was a couple of months ago!); one of the rainbow paintings from our window; an empty hand sanitiser bottle and thank you cards from orders we have placed for delivery. Be sure to add a note of what everything is and why it is important or unusual!
5. Now to decide what to do with your time capsule – we are going to store ours in the attic and maybe add a new one every year. If you would like to bury it or are thinking of getting an adult to help you put it under the floorboards you will need to give it a good waterproof cover, a bin bag should work – don't forget to put another 'Time Capsule' label on the outside!